

# DECEMBER



## Activities

### Other December Holiday:

- 1<sup>st</sup> – All Saint's Day
- 6<sup>th</sup> – Election Day
- 11<sup>th</sup> – Veterans Day
- 13<sup>th</sup> – World Kindness Day
- 13<sup>th</sup> – Caregiver Appreciation Day
- 14<sup>th</sup> – World Diabetes Day
- 17<sup>th</sup> – World Peace Day



Monday	Tuesday	Wednesday	Thursday	Friday
<u>3</u> 9:00 – Mundaycize at Y 10:00 – Exercise 12:00 – Adams Village Bingo 2:00- <b>TimeSlips-Dementia Storytelling Workshop</b>	<u>4</u> 9:00 – Vet Counseling 9:00 – Mat Yoga 9:00 – Crafting Club 10:00 – Social Bridge 10:30 – Chair Yoga 12:00 – Hand & Foot 1:00 – Zumba Chair 6:00 – Line Dancing <b>Baggett Playhouse Trip</b>	<u>5</u> 9:00 – Bingo 10:00 – Social Bridge 10:15 – Exercise <b>11:30- US Bank Luncheon</b>	<u>6</u> 10:00 – Poole's Pharmacy Bingo 12:30 – Line Dancing 2:00 – Zumba Gold	<u>7</u> 9:00 – Mundaycize at Y 9:00 – Mat Yoga 9:00- <b>Bingo W/ Limestone Bank</b> 10:30 – Panther Creek Band 10:30 – Chair Yoga
<u>10</u> 9:00 – Mundaycize at Y 10:00 – Exercise	<u>11</u> 9:00 – Vet Counseling 9:00 – Mat Yoga 9:00 – Crafting Club 10:00 – Social Bridge 10:30 – Chair Yoga 11:30 –Pie for Dessert 12:00 – Hand & Foot Card 1:00 – Zumba Chair 6:00 – Line Dancing	<u>12</u> 9:00 – Bingo 10:00 – Social Bridge 10:15 – Exercise <b>11:00 – Hospice Blood Pressure Clinic</b> 12:00 – Bingo at Whitesville Senior Center	<u>13</u> 12:30 – Line Dancing 2:00 – Zumba Gold <b>6:00 – Christmas Dance @ SCC — Featuring The Truck Stop Romeos</b>	<u>14</u> <b>9am Knight Christmas Party</b> 9:00 – Mundaycize at Y 9:00 – Mat Yoga 10:00- The Ambass Singers 10:30 – Chair Yoga <b>11:45 Christmas Bingo</b> <b>5:30-Supper W/ Santa</b>
<u>17</u> 9:00 – Mundaycize at Y 10:00 – Exercise 1:00 – Bingo at Park Regency 2:00- <b>Christmas Craft W/ Daviess County Library</b>	<u>18</u> 9:00 – Vet Counseling 9:00 – Mat Yoga 9:00 – Crafting Club 10:00 – Social Bridge 10:30 – Chair Yoga 12:00 – Hand & Foot 1:00 – Zumba Chair 6:00 – Line Dancing <b>Christmas In Santa Claus Indiana Trip</b>	<u>19</u> 9:00 – Bingo 10:00 – Social Bridge 10:15 – Exercise	<u>20</u> 10:00 – Faye Loney <b>11:30 – Dr. Diane Earle</b> 12:30 – Line Dancing 2:00 – Zumba Gold  <b>Girls Inc. Christmas Carols and Cards</b>	<u>21</u> 9:00 – Mundaycize at Y 9:00 – Mat Yoga 10:30 –Panther Creek Band 10:00– Bingo at Roosevelt II 10:30 – Chair Yoga 2:00- <b>Christmas Jams W/ Center of Hope Church</b>
<u>24/31</u> 	25 	<u>26</u> 9:00 – Bingo 10:00 – Social Bridge 10:15 – Exercise	<u>27</u> 12:30 – Line Dancing 2:00 – Zumba Gold	<u>28</u> 9:00 – Mundaycize at Y 9:00 – Mat Yoga 10:30 – Panther Creek Band 10:00– Bingo at Roosevelt II 10:30 – Chair Yoga

### Did You Know



Carols were first sung in Europe thousands of years ago, but these were not Christmas Carols. They were pagan songs, sung at the Winter Solstice celebrations as people danced round stone circles (The word carol originally meant to dance to something). <https://www.uselessdaily.com>