

SCC provides and coordinates services and social activities for seniors that enhance their dignity, improve their independence and encourage their involvement in the community.

The Wait is Soon Over!

Dear Friends:

It's been over 15 months since the Senior Community Center closed its doors to classes, activities and gatherings. On June 1st, Gov. Andy Beshear announced that Senior Centers across the Commonwealth could open on June 11th, which is exciting news for everyone who's been waiting. We had previously been told that we could open on July 1st, so that's the date we're shooting for and are so grateful that the opening is now within sight.

We will be open July 1st-2nd (before the three-day July 4th holiday weekend) and July 6th for registration. This is for everyone, at least 60 years old, who attends classes, activities and/or events at the Senior Community Center. We need to ensure that every senior is registered and issued a Senior Center Card to use when participating in events. So, we're asking everyone to register, even if they've been a regular senior center attendee before Covid closed our doors. We need to double check information and make sure all Senior Center Cards are working. Registration will take place in the auditorium from 10 a.m.-3 p.m. with staff available to get everyone registered and answer your questions.

Even if you've been attending for many years, we still want you to register, so we can double check your information and make sure your card still works. Registration will take place in the auditorium, start-



*Becky Barnhart
Executive Director*

ing at 10 a.m. each day. Staff will be available to get everyone registered quickly and answer your questions.

We won't have activities on those days (July 1-2 and 6), but will still offer the congregate meal. You can pick it up in the drive-by lane at 11:30 a.m. and either take it home, or come inside and eat together in the auditorium, which will be open for dining. We will also start offering transportation to and from the Senior Center starting on July 1st. Please call at least 24 hours ahead of time to get on the list.

Grand Re-Opening Celebration!

On Wednesday, July 7th, we will celebrate our Grand Reopening with a cookout from 10 a.m. to noon and Bingo at 1 p.m., all sponsored by Humana. This will be lots of fun and will be a great opportunity to gather together once again.

We do need to make a few changes to adjust to a "new" normal at the Senior Center, and we appreciate your patience as we all get used to being back in the building and get things underway.

- The front door will be the only door used for entering and exiting. This is to ensure we know who's coming and going for safety and capacity concerns. The side and back doors will remain locked.
- The Center will be open from 10 a.m. – 3 p.m., Monday through Friday.

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Happy Retirement, Mr. Music!



Few have been as faithful and dedicated to the Senior Community Center as William Music! After working at the Senior Center for nearly 8 years, Mr. Music re-

tired on May 27th and it capped off a 60-year work history. After working close to 30 years as a civilian for the Owensboro Police Department, Mr. Music retired from the City and said he wanted to see what it was like to "loaf around the house." He soon became bored and started volunteering with Salvation Army before coming to the Munday Center in August 2013. "I loved being back amongst people," Mr. Music explained. "This job was my hobby."

Besides handling custodial duties and anything else asked of him at the Senior Center, Mr. Music enjoyed making new friends with clients, visitors, staff, volunteers and anyone who came to the building, but said he felt especially beneficial to seniors who lived alone.

Thank you, Mr. Music, for your commitment, faithfulness and joy in serving us all! We will miss you!

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- Congregate meals will be available through the drive-up line at the Senior Center. For those that want to eat together, the auditorium will be open to eat your meal inside. Or if you're more comfortable to get it and take it home, you'll have that option.

On page 3, we've provided a schedule of events for June and July. We hope to add more, but these are the ones we have planned for the time being. We are still providing rides to doctors' appointments, grocery store visits, etc., even though we're not officially open. Please call the Senior Center at 270.687.4640 at least 24 hours in advance to secure a ride.

I look forward to seeing the Senior Center in operation, as I started this new role during the pandemic. I am excited to see things return to our new normal. Our priority is to keep everyone safe and healthy, and to provide opportunities to be together, enjoy classes and activities, food, fellowship and more. Please contact us if you have questions or concerns.



Administrative Staff:

Becky Barnhart, Executive Director
David Tucker, County Coordinator
Tiffany Corsey, Program Manager
Ann Haynes, Executive Assistant
Elizabeth Lewis, Program Assistant
Jeannie Penrod, Bookkeeper
Whitney Essary, Data Entry

Meals on Wheels Staff

Cindy Aldridge, Randy Cooper, Joe Coppage, Ed Dailey, Richard Davis, Bob Glass, Carl Hamilton, David Hancock, Melissa Hunt, Frank Molnar, Bonnie Reynolds, Haley Smith, Ruth Stratton, Bonnie Towery

Transportation Staff:

Janice Watkins, Frank Molnar

Maintenance Staff:

David Boyt, Debra Fox

AmeriCorps Staff:

Katie Barnett

Intern:

Nina Johnson





June/July Schedule of Events



Saturday, June 5, 8 a.m.-1 p.m. Yard Sale Fundraiser @SCC

Wednesday, June 16 @ 12:30 p.m. Alzheimer's Bingo Fundraiser
(Parking Lot)

Wednesday, June 23 @ 12:30 p.m. Ice Cream Social Bingo
(Parking Lot)

Wednesday, July 7, 10 a.m.–2 p.m. Grand Re-Opening Celebration

Join us for a cookout from 10:30 a.m.-12:30 p.m. on our front lawn followed by
Bingo @1 p.m. in Auditorium. Sponsored by Humana

Thursdays, July 8, 15, 22, 29, 10–11 a.m. Bereavement Support Group
Limited space, Call to register (270) 687-4640
(Game Room)

Thursdays, July 8, 15, 22, 29, 12:30-2 p.m. Line Dancing
(Auditorium)

Thursdays, July 8, 15, 22, 29, 10-11 a.m. Mat Yoga 11:30 –12 p.m. Chair Yoga

Friday July 9,16,23,30, 10-11 a.m. Mat Yoga 11:30 –12 p.m. Chair Yoga
(Yoga Room)

Tuesdays, July 13, 20, 27, 11 a.m.–1 p.m. Crafts With Joyce Puckett & Friends
(Craft Room/Computer Lab)

Tuesdays, July 13, 20, 27, 11 a.m.–3 p.m Hand & Foot Card Game
(Game Room)

Wednesdays, July 14, 21, 28, 10–11 a.m. Bingo



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June is Alzheimer's & Brain Awareness Month. Everyone who has a brain is at risk to develop Alzheimer's, the only leading cause of death that cannot be prevented, cured or even slowed. Worldwide, there are an estimated 47 million people living with Alzheimer's and other dementias, and without a change, these numbers are expected to grow to 76 million by 2030. But everyone can help to end this epidemic —

especially you. During Alzheimer's & Brain Awareness Month, the Alzheimer's Association asks people around the world to go purple and use their brains to fight this devastating disease.

Alzheimer's is a fatal disease that kills nerve cells and tissue in the brain, affecting an individual's ability to remember, think and plan. Ultimately, those with the disease will lose their ability to communicate, recognize family and friends, and care for themselves. By partnering with the Alzheimer's Association during Alzheimer's & Brain Awareness Month, you can help be a leader in the fight against Alzheimer's, a disease that devastates families across the world while costing our global community billions of dollars. In the United States alone, more than 5 million individuals are living with the disease and over 15 million are acting as caregivers. This information was found on www.alz.org

SENIOR CENTER GOES PURPLE FOR AWARENESS

During the month of June the Seniors Community Center will be going purple to help raise awareness. We will be having a Go Purple Bingo Fundraiser on Wednesday, June 16 from 12:30 to 2:00pm in our parking lot. Entry fee is \$5 which will include a small gift, snack and Bingo. Bingo prizes and snacks will be provided by WellCare of Kentucky. All proceeds will be donated to the Alzheimer's Association.

SCC has joined the Walk to End Alzheimer's on Saturday, October 16, 2021. If you are interested in joining our team to help raise awareness or would like to donate, go to link below or scan barcode to be directed to our page.

http://act.alz.orggotoSeniorCommunityCenter_Owensboro

