

Monday	Tuesday	Wednesday	Thursday	Friday
8:00- Billiards 10:00-Low Impact Exercises 11:00- Music W/ Jim Westmoreland	8:00- Billiards 9:00- Craft Class 10:00-Bridge Club 10:00 – Mat Yoga 11:00-Hand & Foot Card Game 11:30-Chair Yoga 12:00-Adams Village Bingocize	8:00- Billiards 10:00–Birthday Bingo-Sponsored by Humana 11:00- Card Club 12:30-Silver Sneakers	8:00- Billiards 10:00-Low Impact Exercises 12:30-Line Dancing	8:00- Billiards 9:00- Craft Class 10:00-Devotion with Carl 10:00 – Mat Yoga 11:30-Chair Yoga 11:00- Derby Party
8:00- Billiards 10:00-Low Impact Exercises 1:00-Park Regency Bingocize	8:00- Billiards 9:00- Craft Class 10:00-Bridge Club 10:00 – Mat Yoga 11:00-Hand & Foot Card Game 11:30-Chair Yoga	10:00 – Bingo-Sponsored by Cedarhurst of Owensboro 11-Intrepid Blood Pressure Clinic 11:00- Card Club 12:00-Rock Painting Class 12:30-Silver Sneakers	8:00- Billiards 10:00-Low Impact Exercises 10-12pm Learn Tech Class with Daviess County High School Students 12:30-Line Dancing	8:00- Billiards 9:00- Craft Class 10:00-Devotion with Carl Vanover 10:00 – Mat Yoga 11:00-Legal Aid 11:30-Chair Yoga
8:00- Billiards 9:30-2:30 Mobile Vet Center 10:00-Low Impact Exercises 12:00-Board Meeting	8:00- Billiards 9:00- Craft Class 9:00- Advisory Council 10:00-Bridge Club 10:00 – Mat Yoga 11:00-Hand & Foot Card Game 11:30-Chair Yoga 12:00-Whitesville Bingocize	10:00 – Bingo 11:00- Card Club 11:00-Free Hearing Test 11:00- Balance Screening- 12:30-Silver Sneakers	8:00- Billiards 10:00-Low Impact Exercises 12:30-Line Dancing	8:00- Billiards 9:00- Craft Class 10:00-Devotion with Carl Vanover 10:00 – Mat Yoga 11:30-Chair Yoga
8:00- Billiards 10:00- Roosevelt Bingocize 10:00-Pickleball Clinic 10:00-Low Impact Exercises	8:00- Billiards 9:00- Craft Class 10:00-Bridge Club 10:00 – Mat Yoga 11:00-Hand & Foot Card Game 11:30-Chair Yoga 12-4pm- AARP Smart Driving	10:00 – Bingo 11:00- Card Club 12:30-Silver Sneakers	8:00- Billiards 10:00-Low Impact Exercises 12:30-Line Dancing	8:00- Billiards 9:00- Craft Class 10:00-Devotion with Carl Vanover 10:00 – Mat Yoga 11:30-Chair Yoga
8:00- Billiards 10:00-Low Impact Exercises	8:00- Billiards 9:00- Craft Class 10:00-Bridge Club 10:00 – Mat Yoga 11:00-Hand & Foot Card Game 11:30-Chair Yoga	   <p>OLDER AMERICANS MONTH AGE MY WAY: MAY 2022</p>		