

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|---|---|---|--|
| 8:00 Billiards<br>10:00 Low Impact Exercise<br>10:00 Women's Card Group<br>11:30 Lunch<br><b>12:30 Movie – Remember The Titans</b>   | 8:00 Billiards<br>9:00 Craft Class<br>9:30 Mat Yoga<br>10:00 Women's Card Group<br>10:00 Social Bridge<br>11:00 Card Club<br>11:30 Lunch<br>11:30 Chair Yoga  | 8:00 Billiards<br>10:00 Bingo<br>10:00 Women's Card Group<br>12:30 Silver Sneakers<br><b>12:30 Guitar Pickin'</b>   | 8:00 Billiards<br>10:00 Women's Card Group<br>10:00 Low Impact Exercise<br>11:00 Men's Card Group<br>11:30 Lunch<br>12:30 Talk it out Support Group<br>12:30 Line Dancing | 8:00 Billiards<br>9:00 Craft Class<br><b>9:00 Computer Class</b><br>10:00 Carl Vanover Ministries<br>10:00 Women's Card Group<br><b>11:30 Derby Party sponsored by Advisory Council</b>      |
| 8:00 Billiards<br>10:00 Low Impact Exercise<br>10:00 Women's Card Group<br><b>11:00 Music - Jim Westmoreland</b><br>11:30 Lunch<br><b>1:00 Android Phone Class</b>                 | 8:00 Billiards<br>9:00 Craft Class<br>9:30 Mat Yoga<br>10:00 Women's Card Group<br>10:00 Social Bridge<br>11:00 Card Club<br>11:30 Lunch<br>11:30 Chair Yoga  | 8:00 Billiards<br>10:00 Bingo<br>10:00 Women's Card Group<br><b>11:00 Intrepid BP Clinic</b><br>11:30 Lunch<br>12:30 Silver Sneakers  | 8:00 Billiards<br>10:00 Women's Card Group<br>10:00 Low Impact Exercise<br>11:00 Men's Card Group<br>11:30 Lunch<br>12:30 Talk it out Support Group<br>12:30 Line Dancing | 8:00 Billiards<br>9:00 Craft Class<br>9:30 Mat Yoga<br><b>10:00 Walk at Rudy Mine Trails</b><br>10:00 Carl Vanover Ministries<br>10:00 Women's Card Group<br>11:30 Lunch<br>11:30-Chair Yoga |
| 8:00 Billiards<br>10:00 Low Impact Exercise<br>10:00 Women's Card Group<br>11:30 Lunch<br><b>12:00 Board Meeting</b><br><b>1:00 Computer Class</b>                                 | 8:00 Billiards<br>9:00 Craft Class<br><b>9:00 Advisory Council</b><br>9:30 Mat Yoga<br>10:00 Women's Card Group<br>10:00 Social Bridge<br>11:30 Lunch<br>11:30 Chair Yoga<br><b>11-2 Hearing Center</b> | 8:00 Billiards<br>10:00 Bingo<br>10:00 Women's Card Group<br><b>11-1 Audibel Free Hearing Test</b><br><b>11:30 Music – Alexis Roby</b><br>11:30 Lunch<br>12:30 Silver Sneakers<br><b>12:30 Guitar Pickin'</b> | 8:00 Billiards<br>10:00 Women's Card Group<br>10:00 Low Impact Exercise<br>11:00 Men's Card Group<br>11:30 Lunch<br>12:30 Talk it out Support Group<br>12:30 Line Dancing | 8:00 Billiards<br>9:00 Craft Class<br>9:30 Mat Yoga<br>10:00 Carl Vanover Ministries<br><b>10:30 OAM Brunch</b><br>10:00 Women's Card Group<br><b>1:00 Kentucky Legal Aid</b>                |
| 8:00 Billiards<br><b>9:00 Computer Class</b><br>10:00 Low Impact Exercise<br>10:00 Women's Card Group<br>11:30 Lunch<br><b>12:30 Movie – Overboard</b><br><b>1:00 iPhone Class</b> | 8:00 Billiards<br>9:00 Craft Class<br>9:30 Mat Yoga<br>10:00 Women's Card Group<br>10:00 Social Bridge<br>11:00 Card Club<br>11:30 Lunch<br>11:30 Chair Yoga  | 8:00 Billiards<br>10:00 Bingo – sponsored by Advisory Council<br>10:00 Women's Card Group<br>11:30 Lunch<br>12:30 Silver Sneakers   | 8:00 Billiards<br>10:00 Women's Card Group<br>10:00 Low Impact Exercise<br>11:00 Men's Card Group<br>11:30 Lunch<br>12:30 Talk it out Support Group<br>12:30 Line Dancing | 8:00 Billiards<br>9:00 Craft Class<br>9:30 Mat Yoga<br>10:00 Carl Vanover Ministries<br>10:00 Women's Card Group<br>11:30 Lunch<br>11:30 Chair Yoga  |
| <br><b>Memorial Day – Office Closed</b>   | 8:00 Billiards<br>9:00 Craft Class<br>9:30 Mat Yoga<br>10:00 Women's Card Group<br>10:00 Social Bridge<br>11:00 Card Club<br>11:30 Lunch<br>11:30 Chair Yoga<br><b>1:00 Pickleball Practice Play</b>    | 8:00 Billiards<br>10:00 Bingo<br>10:00 Women's Card Group<br>11:30 Lunch<br><b>12:00 Root Beer Floats – sponsored by Southern Star</b><br>12:30 Silver Sneakers<br><b>2:00 Alzheimer's Community Forum</b>    | <br><h2 style="font-family: cursive;">May 2023 Calendar</h2>                         |  |