Monday	Tuesday	Wednesday	Thursday	Friday
August 2023	9:00 Craft Class 9:00 Mat Yoga 9:00 Bird Watching Botanical Gardens 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 6-8 p.m. Line Dancing Class	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:30 Lunch 12:30 Silver Sneakers 12:30 Guitar Pickin'	10:00 Women's Card Group 10:00 Low Impact Exercise 10:00 Book Club Meeting 11:00 Men's Card Group 11:30 Lunch 12:30 Talk it out Support Group 12:30 Line Dancing	8:00 Billiards 4 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch 1:00 Computer with Carolyn
-	9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:00 Intrepid BP Clinic 11:30 Lunch 12:30 Silver Sneakers	9 8:00 Billiards 10 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Talk it out Support Group 12:30 Line Dancing	8:00 Billiards 11 8:30 General Jackson Trip 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga
10:00 Low Impact Exercise	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 9:00- Advisory Council Meeting 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 6-8 p.m. Line Dancing Class	8:00 Billiards 1 10:00 Bingo 10:00 Women's Card Group 11:00 Audibel Free Hearing Tes 11:30 Music – Alexis Roby 11:30 Lunch 12:30 Silver Sneakers 12:30 Guitar Pickin'	10:00 Women's Card Group 10:00 Low Impact Exercise	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 KWC Computer Class 10:30 Chair Yoga 11:30 Lunch 11:00 Kentucky Legal Aid
10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:00 Board Meeting 1:00 Android/ iPhone class	9:00 Craft Class 9:00 Mat Yoga 9 — 11 Owensboro outreach counseling 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 6-8 p.m. Line Dancing Class	10:00 Bingo 10:00 Women's Card Group 11:30 Lunch 12:30 Silver Sneakers	10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Talk it out Support Group 12:30 Line Dancing 1:00 Computer with Carolyn	8:00 Billiards 25 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30-Chair Yoga 11:30 Lunch 3-5 p.m. End of Summer Dance
10:00 Low Impact Exercise	8:00 Billiards 29 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 6-8 Line Dancing Class	8:00 Billiards 3 10:00 Bingo 10:00 Women's Card Group 11:30 Lunch 12:30 Silver Sneakers	0 8:00 Billiards 31 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Talk it out Support Group 12:30 Line Dancing	-