

Monday

Tuesday

Wednesday

Thursday

Friday

September 2023

SCC Calendar

				<p>8:00 Billiards 1 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch</p>
<p>OFFICE CLOSED FOR LABOR DAY</p>	<p>5 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 12:45 Benchmark Injury Prevention 6-8 p.m. Line Dancing</p>	<p>6 8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:30 Lunch 12:30 Silver Sneakers 12:30 Guitar Pickin'</p>	<p>7 8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise 10:00 Book Club Meeting 11:00 Men's Card Group 11:30 Lunch 12:30 Talk it out Support Group 12:30 Line Dancing</p>	<p>8 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch Saturday September 9th 11-3 Harvest Bash</p>
<p>11 8:00 Billiards 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:00 Rudy Mine Walk 12:00 Music with Jim WestMoreland 12:30 Movie – True Grit</p>	<p>12 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 12-3 Scrabble Games 6-8 p.m. Line Dancing</p>	<p>13 8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:00 Intrepid BP Clinic 11:30 Lunch 12:30 Silver Sneakers</p>	<p>14 8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Talk it out Support Group 12:30 Line Dancing 1 – 3 Computer w/ Carolyn</p>	<p>15 8:00 Billiards 8:00 Golf at Hillcrest 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 KWC Computer Class 10:30 Chair Yoga 11:30 Lunch</p>
<p>18 8:00 Billiards 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:00 Board Meeting 1:00 Android/ iPhone class</p>	<p>19 8:00 Billiards 8:00 Senior Games at Union County 9:00 Craft Class 9:00 Mat Yoga 9:00 Advisory Council Meeting 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 6-8 p.m. Line Dancing</p>	<p>20 8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:00 Audibel Free Hearing Test 11:30 Music – Alexis Roby 11:30 Lunch 12:30 Silver Sneakers 12:30 Guitar Pickin'</p>	<p>21 8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Talk it out Support Group 12:30 Line Dancing</p>	<p>22 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:00 Legal Aid 11:30 Lunch</p>
<p>25 8:00 Billiards 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:30 Movie – The Blind Side Sponsored by Twin Rivers</p>	<p>26 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 6-8 p.m. Line Dancing</p>	<p>27 8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:30 Lunch 12:30 Silver Sneakers</p>	<p>28 8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Talk it out Support Group 12:30 Line Dancing 1-3 Computer w/ Carolyn</p>	<p>29 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch Saturday, Sept 30th 9:00 - Alzheimer's Walk</p>