Monday	Tuesday	Wednesday	Thursday	Friday
Office Closed	9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 12:45 Benchmark Injury Prevention 6-8 p.m. Line Dancing	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:30 Lunch 12:30 Silver Sneakers 12:30 Guitar Pickin'	10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:00 Book Club 12:30 Line Dancing	8:00 Billiards 5 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch
8:00 Billiards 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:00 Music with Jim Westmoreland 12:30 Movie – Happy Gilmore Sponsored by Chautauqua	8 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 6-8 p.m. Line Dancing	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:00 Intrepid BP check 12:30 Silver Sneakers	10 8:00 Billiards 11 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Line Dancing	8:00 Billiards 12 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch 12:00 Tai Chi Demo Class
MARTIN LUTHER KING DAY Office Closed	15 8:00 Billiards 16 9:00 Craft Class 9:00 Mat Yoga 9:00 Advisory Council Meeting 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 6-8 p.m. Line Dancing	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:00 Audibel Free Hearing Te 11:30 Lunch 12:30 Silver Sneakers 12:30 Guitar Pickin'	10:00 Women's Card Group 10:00 Low Impact Exercise	8:00 Billiards 19 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch
10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:00 Board Meeting	9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 6-8 p.m. Line Dancing	10:00 Bingo 10:00 Women's Card Group 11:30 Lunch 12:30 Silver Sneakers	8:00 Billiards 25 10:00 Women's Card Group 10:00 Low Impact Exercise 10:30 New Year's Brunch 11:00 Men's Card Group 12:30 Line Dancing	8:00 Billiards 26 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch
8:00 Billiards 9-11 Computer Class – Caroly 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:30 Movie – I Am Sam Sponsored by Twin Rivers		8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:30 Lunch 12:30 Silver Sneakers	Janua SCC CA	ry 2024 LENDAR