

Monday

Tuesday

Wednesday

Thursday

Friday



# February 2024

## SCC MONTHLY CALENDAR

<p>8:00 Billiards 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch <b>12:30 Movie – Monster's Ball</b> Sponsored by Chautauqua</p>	<p><b>5</b> 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch <b>12:00 Tai Chi Gung</b> <b>12:45 Benchmark Injury Prevention</b> 6-8 p.m. Line Dancing</p>	<p><b>6</b> 8:00 Billiards 10:00 Bingo 10:00 Women's Card Group <b>11:00 Watercolor Painting</b> 11:30 Lunch 12:30 Silver Sneakers <b>12:30 Guitar Pickin'</b></p>	<p><b>7</b> 8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch <b>12:00 Book Club</b> 12:30 Line Dancing</p>	<p><b>1</b> 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch</p> <p><b>2</b></p>
<p>8:00 Billiards 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch <b>12:00 Music with Jim Westmoreland</b> <b>1:00 iPhone/Android Class</b></p>	<p><b>12</b> 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch <b>12:00 Tai Chi Gung</b> <b>1-3 Valentines Dance/Dinner @ 3:30</b> 6-8 p.m. Line Dancing</p>	<p><b>13</b> 8:00 Billiards 10:00 Bingo 10:00 Women's Card Group <b>11:00 Intrepid BP check</b> <b>11:00 Watercolor Painting</b> 12:30 Silver Sneakers</p>	<p><b>14</b> 8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise <b>10:00 KWC Computer Class</b> 11:00 Men's Card Group 11:30 Lunch 12:30 Line Dancing <b>6 – 9 Night Dance</b></p>	<p><b>15</b> 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga <b>11:00 Kentucky Legal Aid</b> 11:30 Lunch</p> <p><b>16</b></p>
<p><b>OFFICE CLOSED FOR PRESIDENTS DAY – NO PROGRAMS OR MEALS</b></p> <p>Senior Center Board will still meet at 1 p.m. Meeting is open to public.</p>	<p><b>20</b> 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 9:00 Advisory Council Meeting 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch <b>12:00 Tai Chi Gung</b> 6-8 p.m. Line Dancing</p>	<p><b>21</b> 8:00 Billiards 10:00 Bingo 10:00 Women's Card Group <b>11:00 Audibel Free Hearing Test</b> <b>11:00 Watercolor Painting</b> 11:30 Lunch 12:30 Silver Sneakers <b>12:30 Guitar Pickin'</b></p>	<p><b>7:45 Trip to Whistlestop</b></p> <p><b>22</b> 8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Line Dancing</p>	<p><b>23</b> 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch</p>
<p>8:00 Billiards <b>9:00 Computer with Carolyn</b> 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch <b>12:30 Movie – Waiting to Exhale</b> Sponsored by Twin Rivers</p>	<p><b>26</b> 8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch <b>12:00 Tai Chi Gung</b> 6-8 p.m. Line Dancing</p>	<p><b>27</b> 8:00 Billiards 10:00 Bingo 10:00 Women's Card Group <b>11:00 Watercolor Painting</b> 11:30 Lunch 12:30 Silver Sneakers</p>	<p><b>28</b> 8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Line Dancing</p>	<p><b>29</b></p> 