

Monday	Tuesday	Wednesday	Thursday	Friday
	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 12:00 Tai Chi Gung 6-8 p.m. Line Dancing	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:00 Enhabit BP 11:30 Lunch 12:30 Silver Sneakers 12:30 Guitar Pickin' 1-3 Pickleball	8:00 Billiards 9:15 Bingocize 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Line Dancing 1-4 Veterans Fair @ Armory 6:00 Annual Dinner @ Blessed Mother	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00- 11:30 Miniature Club 10:30 Chair Yoga 11:30 Lunch
8:00 Billiards 9:15 Bingocize 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:30 Movie Monday – What Women Want	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 12:00 Tai Chi Gung 6-8 p.m. Line Dancing	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:00 Center Well BP (Intrepid) 12-3 GRADD Transportation Presentation 12:30 Silver Sneakers	8:00 Billiards. 9:15 Bingocize 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Line Dancing	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch 12:30 Musician's Circle Mt. Zion Apple Fest, Oct 12th
8:00 Billiards 9:15 Bingocize 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 11:00 Music with Jim Westmoreland	8:00 Billiards 9:00 Craft Class & Mat Yoga 9:00 Advisory Council Meeting 9:00 Owensboro Health Mobile Clinic Senior Day Out 10:00 Women's Card Group & Social Bridge 10:30 Chair Yoga 11:30 Lunch 12:00 Tai Chi Gung 12:00 AARP Driving 6-8 p.m. Line Dancing	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:00 Audibel Free Hearing Test 11:00 BoldAge Pace Presentation 11:30 Lunch 12:30 Silver Sneakers 12:30 Guitar Pickin' 1-3 Pickleball	8:00 Billiards 9:15 Bingocize 10:00 Women's Card Group 10:00 Low Impact Exercise 10:45-11:15 BoldAge Pace Dance Therapy 11:00 Men's Card Group 11:30 Lunch 6-9 Dance – Country Classic	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 9:30-11:30 Bunco 10:00 Women's Card Group 10:30 Chair Yoga 11:00 Kentucky Legal Aid 11:30 Lunch
8:00 Billiards 9-11 Computer with Carolyn 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:00 Board Meeting	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 12:00 Tai Chi Gung 6-8 p.m. Line Dancing	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:30 Lunch 12:30 Silver Sneakers	8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Line Dancing	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:30 Chair Yoga 11:30 Lunch 12:00 Singo by Hospice Lincoln Pioneer Village Trip, Oct 26
8:00 Billiards 10:00 Low Impact Exercise 10:00 Women's Card Group 11:30 Lunch 12:30 Movie Monday - Armageddon	8:00 Billiards 9:00 Craft Class 9:00 Mat Yoga 10:00 Women's Card Group 10:00 Social Bridge 10:30 Chair Yoga 11:30 Lunch 12:00 Tai Chi Gung 6-8 p.m. Line Dancing	8:00 Billiards 10:00 Bingo 10:00 Women's Card Group 11:00 Enhabit BP 11 – 11:30 Halloween Costume Contest 11:30 Lunch 12:30 Silver Sneakers	8:00 Billiards 10:00 Women's Card Group 10:00 Low Impact Exercise 11:00 Men's Card Group 11:30 Lunch 12:30 Line Dancing	